



A reading list to support children and young people with additional needs

These books may support understanding of dying and loss for a child or teenager who has a low reading level, learning or communication difficulty. If you are unable to find a book suitable, ask your child's education, social care or health team to help. This list is not exhaustive. The MND Association does not endorse or recommend any of the resources listed.



For more information to support conversations about MND:
Information sheet 4A – *Communicating about MND to children and young people*

When someone close has MND - a workbook for children aged four to ten

So what is MND anyway? – a guide for teenagers

MND Connect helpline

Information and support for those with or affected by MND, their carers and health and social care professionals. The team can also direct you to our own and other services.

Telephone: 0808 802 6262
Email: mndconnect@mndassociation.org
Website: www.mndassociation.org/mndconnect

Books to help you prepare your child or teenager for losing someone close

Children with special needs and their grief by J Adams (Child Bereavement UK)
An information sheet that supports conversations about death and bereavement.
See: www.childbereavement.org.uk.

Draw on Your Emotions by M Sutherland 1993 ISBN: 9780863883392. A manual of pictures designed to help express and explore emotions.

Lifetimes by B Mellonie 1998 ISBN: 10 0553344021. A book death after life, using a 'beginnings and endings with lifetimes in between' theme throughout.

Books to help you support your child to communicate their feelings.

Supporting bereaved children and young people with Autistic Spectrum Difficulties (ASD) by Child Bereavement UK. An information sheet that supports conversations with children and young people with a diagnosis of ASD or Asperger's.

See: www.childbereavement.org.uk.

When Dad Died by S Hollins and L Sireling 2004 ISBN: 9781904671046 and **When Mum Died** ISBN: 9781904671039. Picture books for adolescents and adults with people with learning and communication difficulties. They contain information and guidelines to help parents, guardians or carers answer difficult questions. They also explore funerals, burial and cremation.

When Someone Very Special Dies by M Heegard 1991 ISBN: 9780962050206. This workbook is designed to help a child express their thoughts about death in their own pictures or words.